

METHODOLOGY

America's Best Weight Loss Clinics & Centers 2025



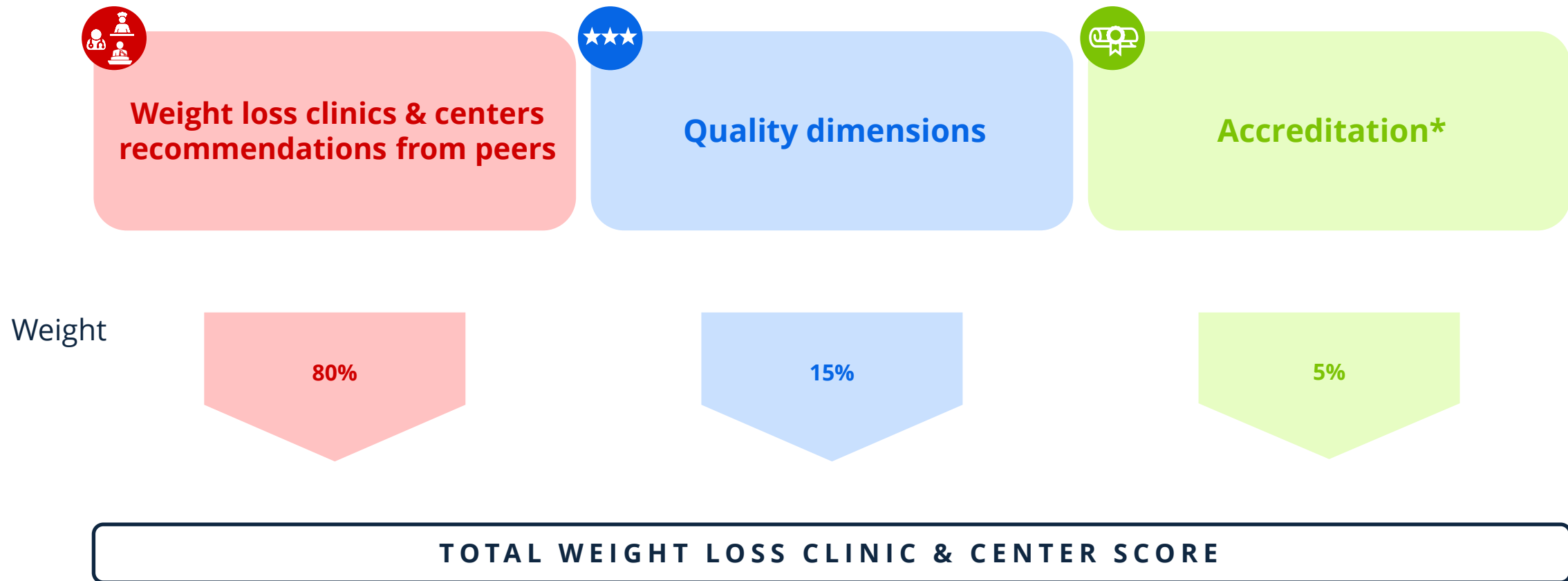
Methodology – America’s Best Weight Loss Clinics & Centers 2025

Summary of the project

- The weight loss market is experiencing consistent growth, driven by new technologies that offer a wide range of options to support individuals on their weight loss journey.⁽¹⁾ These advancements provide personalized, effective solutions for those seeking to manage their weight.
- For the first time, Statista and Newsweek have partnered to award the leading weight loss clinics & centers in the U.S., for those aiming to make long-term and sustainable lifestyle changes with the best medical guidance.
- **America’s Best Weight Loss Clinics & Centers 2025** awards the 200 leading hospitals/centers and standalone clinics in the field of weight loss in the U.S., which are sorted alphabetically.
- **All U.S. hospitals and standalone clinics** that meet the pre-defined selection criteria were considered for the list.
 - Offering weight loss services (e.g., bariatric surgery, non-surgical medical weight loss program, etc.)
- The list is based on **three data sources**:
 - **Nationwide online survey:** During the survey period from August to September 2024, health care professionals with knowledge about weight loss (e.g., bariatricians, general practitioners) were asked to recommend leading weight loss hospitals and/or standalone clinics in the U.S.
 - **Quality dimensions:** For each recommended weight loss clinic, participants were asked to assess four quality dimensions.
 - **Accreditation:** Facilities received 5% towards their total score if they are certified by the MBSAQIP.

A score was calculated for each weight loss clinic & center

Scoring model



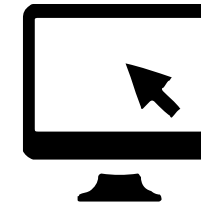
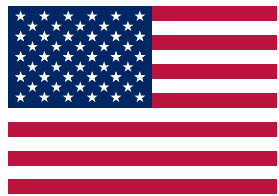
3 | Note: *Facilities without accreditations are evaluated based on a scoring model comprising only peer recommendations and quality dimensions.

Medical professionals with knowledge about weight loss care were surveyed about their recommendations for weight loss clinics & centers

From August to September 2024, Statista invited thousands of health care professionals with knowledge about weight loss clinics & centers to participate in an online survey via email. The survey was also promoted on newsweek.com.



Weight loss clinics & centers recommendations from peers



Nationwide online survey among health care professionals with knowledge about weight loss (e.g., bariatricians, registered bariatric nurses, general practitioners, and clinic managers). Participants were invited to the online survey in cooperation with Newsweek.

Participants were asked to **name the leading weight loss clinics & centers**. The professional experience of the participant was taken into account. Recommendations for their own employer were not allowed.

- Additionally, participants could recommend clinics & centers for **notable treatments**:
- Gastric Bypass Bariatric Surgery
 - Gastric Band Surgery (LAP-Band)
 - Gastric Sleeve Surgery
 - Endoscopic Sleeve Gastroplasty
 - Non-Surgical Medical Weight Loss Program¹
- The recommendations and assessments were used to determine each clinic's **reputation score**.

SCORE FOR REPUTATION

A quality score was calculated for each recommended facility

Quality score based on quality dimensions

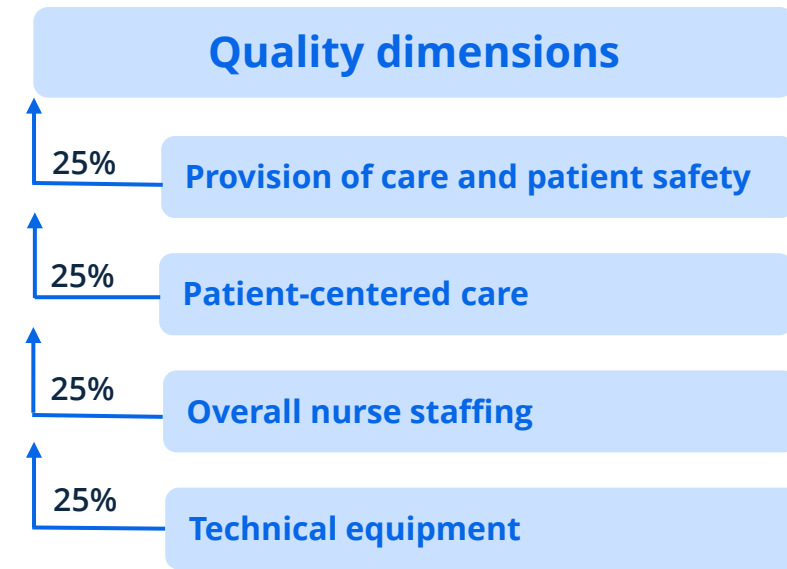


Calculation of quality dimensions

- For each recommended weight loss clinic & center, participants were asked to rate **four quality dimensions** on a scale from 1 (“Poor”) to 10 (“Excellent”):
 - Provision of care and patient safety
 - Patient-centered care (education, counseling and support services)
 - Overall nurse staffing
 - Technical equipment
- A quality dimensions score was assigned to each facility based on the **weighted average** of these ratings.



Quality dimensions weighting



THE QUALITY DIMENSIONS CONSTITUTE 15% OF THE TOTAL SCORE

The Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) was used as an additional element of the scoring model

Accreditation score



Accreditation

- **The Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP)** is a voluntary accreditation program by the American College of Surgeons (ACS) and the American Society for Metabolic and Bariatric Surgery (ASMBS).
- The MBSAQIP accredits bariatric surgical centers in the U.S. and Canada that **implement nationally recognized bariatric surgical standards**, document their outcomes, and participate in regular quality evaluations.
- Accreditation is granted upon thorough review of a center's ability to **maintain certain physical resources, human resources, and standards of practice**.
- The MBSAQIP not only establishes consistent standards of excellence but also fosters **ongoing quality improvement**.⁽¹⁾
- Since not all weight loss clinics and centers offer bariatric surgery and **accreditation is not relevant for every facility**, these clinics are evaluated based on a scoring model **comprising only peer recommendations and quality dimensions**.

ACCREDITED FACILITIES RECEIVE 5% TOWARDS THE TOTAL SCORE

As a result, the 200 best weight loss clinics & centers in the U.S. were awarded

Leading weight loss clinics & centers

[...]

Hospital	City	State	Notable Treatment
Corewell Health William Beaumont University Hospital	Royal Oak	Michigan	Gastric Bypass Bariatric Surgery
Cox Medical Centers	Springfield	Missouri	Non-Surgical Medical Weight Loss Program
Denver Health Medical Center	Denver	Colorado	
Doctors Hospital of Augusta	Augusta	Georgia	Gastric Bypass Bariatric Surgery
Duke Regional Hospital	Durham	North Carolina	Gastric Bypass Bariatric Surgery, Non-Surgical Medical Weight Loss Program

[...]

200 LEADING WEIGHT LOSS CLINICS & CENTERS WERE AWARDED

America's Best Weight Loss Clinics & Centers partner network

Overview of involved parties

Newsweek

About Newsweek

Newsweek is a premier news magazine and website that has been bringing high-quality journalism to readers around the globe for over 80 years.

Newsweek provides the latest news, in-depth analysis and ideas about international issues, technology, business, culture and politics. In addition to its online and mobile presence, Newsweek publishes weekly English print editions in the United States, Europe/Middle East/Africa and Asia as well as editions in Japanese, Korean, Polish, Serbian and Spanish.

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Disclaimer

The rankings are comprised exclusively of clinics/ centers that are eligible regarding the scope described in this document. The ranking is the result of an elaborate process which, due to the interval of data-collection and analysis, is a reflection of the last 12 months. Furthermore, events preceding or following the period October 12th, 2023 – October 11th, 2024, and/or pertaining to individual persons affiliated/associated with the facilities were not included in the metrics. As such, the results of this ranking should not be used as the sole source of information for future deliberations.

The information provided in this ranking should be considered in conjunction with other available information about clinics/ centers or, if possible, accompanied by a visit to a facility. The quality of clinics/ centers that are not included in the rankings is not disputed.